

# **Richard S. York MD, Vein & Laser Clinic**

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Welcome to our practice. You have been scheduled for 2 separate appointments.

## ***Your 1<sup>st</sup> appointment is with our Ultrasound Technician:***

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

Duplex Imaging/Ultrasound uses sound waves to create an image. The image shows the amount of blood flowing through your veins, the size and shape of the vein, and the condition of the valves within the veins. This will determine if the valves in your veins are functioning properly. Useful information is gathered that your physician can use to adequately diagnose your specific vein problem and to plan and guide treatment. This test is painless and usually takes 45-90 minutes.

## ***Your 2<sup>nd</sup> appointment is with Dr. York:***

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

At this initial visit, Dr. York will review your medical history, ultrasound results, medications and examine your veins. On this visit, Dr. York will explain your condition and develop a treatment plan. Treatment may range from conservative, non-surgical treatments or surgery. If necessary, you will be custom fit for prescription compression stockings. Compression stockings can be purchased in our office or at an outside pharmacy. If you think your insurance will pay for them we can give you a prescription.

***For your comfort and privacy we recommend wearing briefs and that you bring shorts to each office visit.***

## ***Insurance Information:***

When medically necessary, varicose vein treatment is covered by many insurance companies.

Medical necessity for varicose vein treatment is typically defined as:

- ❖ Pain, swelling, leg cramps, ulcers, bleeding from varicosities, or anything that impacts the patient's daily life (ability to work, exercise, act as caregiver, etc)
- ❖ Presence of reflux on ultrasound scan

A patient who exhibits symptoms of venous reflux disease typically must satisfy other criteria before he or she can get coverage. Most carriers require a period (up to 3 months) of conservative therapy (compression, elevation of legs, possibly weight loss) before providing coverage.

Cosmetic procedures, however, are usually not covered by insurance. Treatments for small, non-symptomatic spider veins are considered cosmetic and, therefore, patients would have to pay out of pocket (although this is less expensive). Our office can give you prices on these treatments.

We know that the insurance process can be very confusing. Our staff will submit your claim and acquire pre-certification for your procedure, when deemed necessary by your insurance provider. However, it is best to call your insurance company to find out the details of your policy.